Styku BD BODY SCAN

FOR A HEALTHIER YOU

WALK-IN HOURS EVERY WEDNESDAY 4PM TO 6PM WEST GYM, BLDG. 1518

IN 35 SECONDS MEASURE:

- 21 areas of circumference
- % body fat
- % fat free mass
- Overall body weight

A Nutrition and Health Education professional will provide an explanation of your results and personalize your goals.



COME PREPARED

For accurate results, males must wear compression shorts or tight fitted bottoms and females must have compression shorts or tight fitted bottoms and a sports bra. No exercise or dietary restrictions are required prior to the body scan.





WARROOR ATHLETE

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